

Tofu Pumpkin Pie

2 Pkgs firm Mori Nu Tofu
1 ¼ C honey or maple syrup
1 small can pumpkin
¼ tsp ground coriander seed
*optional
¼ tsp cardamom *optional
1 ½ tsp salt



Blend tofu very smooth in a blender with honey or maple syrup, then add other ingredients. Pour into prepared pie crust, bake at 350 degrees Fahrenheit for 90 minutes. This recipe makes enough for TWO (2) pies.

* these seasonings taste like cinnamon/cloves but are healthier.